

Jon Ritchie and Football

Although he played football on the playground and after school every day, Jon's official, organized football career began as a sixth grader. His Pony football team went undefeated and won the league's Super Bowl in 1986.

Jon's All-American high school career included 5,017 all-purpose yards from scrimmage and 69 touchdowns. His senior season at Cumberland Valley culminated with his team's undefeated 15-0 season and AAAA State Championship in 1992.



In college, Jon was named to the Academic All-Big 10 team while at the University of Michigan for two seasons. Jon transferred to Stanford University where he received Academic All-Pac 10 honors and was a team captain.



He was the first fullback taken in the NFL draft in 1998, 63rd overall. In his five years as the starting fullback for the Oakland Raiders Jon helped his squad to numerous playoff victories, two AFC Championship games and Super Bowl XXXVII.



As a rotating team captain for the Philadelphia Eagles, Jon again contributed to several playoff wins and then Super Bowl XXXIX.

Jon credits the game of football with teaching him the value of discipline and hard work. During his career, he found the thrill of striving towards a common goal with good friends to be very rewarding.



His most instructive coaches were Tim Rimpfel at Cumberland Valley, his running back coaches at Stanford, Don Treadwell and Earl Moseley, and the man who drafted him, giving him the opportunity to play in the NFL, Jon Gruden.



More About the Camp

Upon retiring from the National Football League, and moving back home to Cumberland County, Jon Ritchie found himself needing to give back to the game that had given him so much.

Besides helping out the Cumberland Valley Eagles with his old mentor Coach Rimpfel, Jon hosts this annual youth football camp with the hope that he too can show kids how football can enrich their lives as it did his.

Hard work, teamwork, sacrifice, glory and defeat... the fundamental elements that build heart, determination and character: those main ingredients make great football players, as well as great men, leaders, brothers and fathers.

JON RITCHIE'S NEXT LEVEL CAMP

is designed to teach the young athletes the fundamentals, as well as some of the finer techniques of the game. The kids will learn from some of the most experienced football minds in Central PA, while rubbing shoulders with some of their local heroes.

This camp is for ALL kids in Central PA who want to take their game to the Next Level!



www.cvmfa.com/ritchienextlevel



REGISTRATION FORM

Enclose Check or Money Order
Payable To: CVMFA

FEE: \$50 by July 1st ~ \$60 after July 1st

MAIL TO:

Coach Levi Mumma
c/o CV Athletic Department
Cumberland Valley High School
6746 Carlisle Pike, Mechanicsburg, PA 17050

Name: _____

Age: _____ Grade: _____

Address: _____

Parent/Guardian Name: _____

Home Phone: _____

Work Phone: _____

Mobile: _____

Email: _____

Emergency Contact Info: _____

Medical Condition(s), Needs and/or Allergies: _____

I understand that football can be a dangerous activity, and therefore I hold harmless the Cumberland Valley School District, Jon Ritchie, the coaches, volunteers and sponsors for any injury that may occur to myself or my child while participating in the Jon Ritchie Next Level Football Camp.

Signature of Parent/Guardian: _____



Campers will receive instruction in

- Football Fundamentals
- Position Techniques
- Stretching & Flexibility
- Running & Agility
- Punting, Kicking & Receiving

Water will be provided each day

Each participant will receive a Camp T-shirt and Autographed Photo

(Autographs can be received during the Saturday post-camp and lunch session)

Time Schedule

July 15, 16, 17 (Wed - Fri) 6 - 8:30pm
Saturday, July 18th... 9 - Noon

Questions:

Levi Mumma at (717) 433-4521
lmumma@cvschools.org

For more information, log on to
www.cvmfa.com/ritchienextlevel
or contact Jon Ritchie via email at
ritchienextlevel@yahoo.com



Jon Ritchie's Next Level Football Camp

is supported by the
Cumberland Valley Midget Football Association
All proceeds benefit Cumberland Valley Football at
both the High School & Youth Levels.



Jon Ritchie's

NEXT LEVEL FOOTBALL CAMP

July 15 – 18

Chapman Field

Cumberland Valley High School

For ALL Youth Grades 2 – 8

Fee: \$50 (by July 1st)
(\$60 after July 1st)

COACHES

**Cumberland Valley Varsity Coaches
Position Specialists
CV Graduates
Current CV Varsity Football Players**

[See registration form on back page]